

## NRF1 SYNERGIZER

### WHAT IS PROTANDIM NRF1 SYNERGIZER?

Protandim NRF1 Synergizer is a breakthrough in nutrigenomics that uses ingredients to harness the power of youth. While free radicals continue to break down mitochondria with every breath, Protandim NRF1 Synergizer builds those powerhouses back up, which promotes cellular health and helps you to fight the signs of aging.

### WHAT IS NUTRIGENOMICS?

Nutrigenomics is the study of how nutrition and naturally occurring compounds affect our genes and how they are expressed.

### WHAT IS MITOCHONDRIAL BIOGENESIS?

Mitochondrial biogenesis is the process by which new mitochondria are formed in the cell. Mitochondrial biogenesis is activated by numerous different signals during times of cellular stress or in response to environmental stimuli such as exercise.

### HOW DO PROTANDIM NRF1 SYNERGIZER AND PROTANDIM Nrf2 SYNERGIZER WORK TOGETHER?

Protandim<sup>®</sup> Nrf2 & NRF1 Synergizers use ingredients to reduce oxidative stress and support mitochondria production to increase cellular health and, in turn, fight the effects of aging.

### WHAT IS ATP (ADENOSINE TRIPHOSPHATE)?

Adenosine triphosphate (ATP) is the major energy currency of the cell. In other words, ATP is the form of energy used by your cells.

### WHAT IS ATP SYNTHESIS?

It is the production of ATP.

### WHEN DO I TAKE PROTANDIM NRF1 SYNERGIZER?

Take 2 capsules with food and a glass of water in the morning. For best results, take 2 capsules of Protandim NRF1 on an empty stomach (with a glass of water). Wait 30 minutes before taking Protandim Nrf2 with food.

### CAN I TAKE THIS AT THE SAME TIME AS I TAKE MY PROTANDIM Nrf2?

Yes.

### CAN I TAKE PROTANDIM NRF1 SYNERGIZER WITH AXIO OR AXIO DECAF?

Yes.

### WILL TAKING PROTANDIM NRF1 SYNERGIZER INTERFERE WITH ANY OF THE PHYSIQ PRODUCTS?

No.

### IS THIS PRODUCT SAFE TO TAKE WITH PRESCRIPTION MEDICATION?

Please consult your physician if you are taking any medication before use.

### CAN I USE THIS PRODUCT IF I AM PREGNANT OR NURSING?

No, we do not recommend this product if you are pregnant or nursing.

### CAN CHILDREN TAKE THIS PRODUCT?

No, we do not recommend this product for children. Our products are made for individuals 18 and older.

### HOW DOES PROTANDIM NRF1 SYNERGIZER SLOW DOWN THE AGING PROCESS?

By helping to promote cell function by maintaining the health of the mitochondria.

### WHAT KIND OF CAPSULES ARE USED FOR PROTANDIM NRF1 SYNERGIZER?

Vegetable capsules.

### IS PROTANDIM NRF1 SYNERGIZER VEGETARIAN FRIENDLY?

Yes, Protandim NRF1 Synergizer is Vegetarian.

### CAN MY PET TAKE PROTANDIM NRF1 SYNERGIZER AS WELL?

We have not tested Protandim NRF1 Synergizer in pets, so we do not recommend it.

### IS IT POSSIBLE TO TAKE TOO MUCH PROTANDIM NRF1 SYNERGIZER?

Please, only use according to the directions on the label (2 capsules per day).

### IS THERE A TEST I CAN DO TO SEE IF MY MITOCHONDRIAL HEALTH IS IMPROVING?

While there is no test at this time, LifeVantage is in the process of studying the effects of Protandim NRF1 Synergizer.